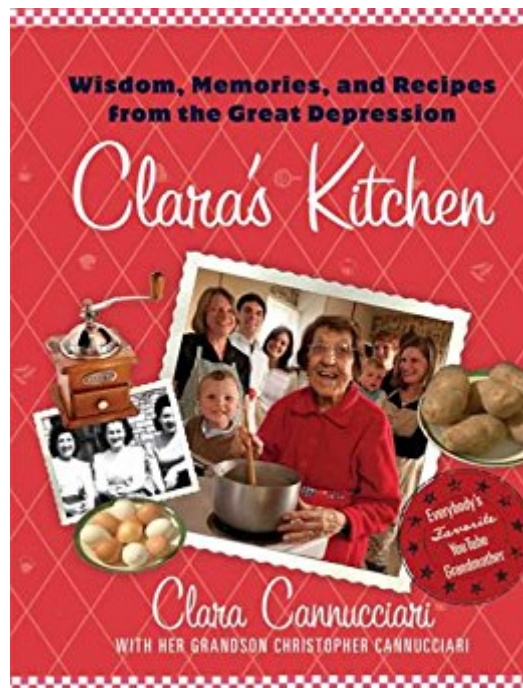




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Clara's Kitchen: Wisdom, Memories, And Recipes From The Great Depression



Synopsis

YouTube's sensation Clara Cannucciari shares her treasured recipes and commonsense wisdom in a heartwarming remembrance of the Great Depression. Clara Cannucciari is a 94 year-old internet sensation. Her YouTube's Great Depression Cooking videos have an army of devoted followers. In Clara's Kitchen, she gives readers words of wisdom to buck up America's spirits, recipes to keep the wolf from the door, and tells her story of growing up during the Great Depression with a tight-knit family and a "pull yourself up by your bootstraps" philosophy of living. In between recipes for pasta with peas, eggplant parmesan, chocolate covered biscotti, and other treats Clara gives readers practical advice on cooking nourishing meals for less. Using lessons she learned during the Great Depression, she writes, for instance, about how to conserve electricity when cooking and how you can stretch a pot of pasta with a handful of lentils. She reminisces about her youth and writes with love about her grandchildren and great-grandchildren. Clara's Kitchen takes readers back to a simpler, if not more difficult time, and gives everyone what they need right now: hope for the future and a nice dish of warm pasta from everyone's favorite grandmother, Clara Cannucciari, a woman who knows what's really important in life.

Book Information

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Customer Reviews

A great read about surviving hard times. Love the recipes

I was intrigued by her youtube videos so I decided to order her cookbook. What a wonderful little gem. Depression recipes with a bit of depression history. This book would make a great gift. I love this woman, a survivor of the Great Depression. Not relying on food stamps, welfare but their own resourcefulness to get them through tough times and tough times she did suffer. Forced to drop out of school early to support her family by going to work at a twinkie factory (her father was unemployed for 6 years in the Great Depression) She walked 5 miles to work and on the way home gathered burdock, and other greens to take home to eat! Her Grandson Chris is to be commended for preserving history and putting together the videos, facebook etc... a BIG thankyou to him! It makes me realize how easy we have it compared to the old folks that lived through the depression, I have such great respect for that generation. I love you Clara. Thankyou for your pearls of wisdoms. This book makes a great stocking stuffer for older folks and younger folks.

Amazing!!!! Clara was an incredible woman! She helps one understand that it's not about what we have, but about what we do with what we do have. An insightful look into the past which should never be forgotten or taken for granted. I'm looking forward to trying these recipes and will remember the amazing women they came from while making and eating them.

Clara is a wonderful storyteller, can't wait to try her family recipes! She seems to be a delightful person, as well.

This book is a perfect companion to Clara's videos. It has the recipes from the series (the videos can be non-specific about measurements), Clara's wonderful recollections, and "While the Water Boils" tidbits of depression era entertainments. It is highly entertaining as well as informative. The recipes are delicious, nutritious and inexpensive, perfect for families facing uncertain economic times. Teachers and homeschoolers should note it would be a great living book for a unit study on the Great Depression. Videos are available on Youtube or in dvd format
Â Great Depression Cooking with Clara (season 1)

Stories and food. What could be nicer except listening to your own grandma at the kitchen table while she cooks? This is a book of simple, nourishing, and economic depression era recipes along with some words of wisdom on cooking and having a long and happy life. Love the YouTube videos. This book is a nice companion to them. Glad the videos are still up to enjoy after her passing. As far as the book, there is family history and little tidbits with every great money saving idea for wholesome meals. And even dandelion greens are used, a specialty of my own grandma, so it was nice seeing someone else likes them! Garlic, salt, butter and bread and a sweet grandma. What's not to love?

This cookbook is a true gem! I first learned of Clara through her Youtube videos. I found out about her cookbook, and I had to have it. It is full of memories, advice, humor, and great recipes. She was truly a beautiful soul, and I am so thankful that I feel like I know her through this cookbook and her videos. I also bought a copy for my mother, and she loves it! This makes a wonderful gift, even if it is for yourself!

Love this woman's cookbooks and her stories of life in my grandmother's time. Learned a lot about depression era cooking.

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